

CAREER LIFE CONNECTIONS 12A

Career Life Connections 12A is a two-credit graduation requirement designed to support students in developing the personal, social, and career skills needed for life beyond high school. Completed in Grade 11, outside of the timetable, this course helps students explore their strengths, well-being, and future pathways while building real-world experience and connections.

Throughout this course, students will explore mental health and wellness, complete 30 hours of volunteer or work experience, attend guest speaker presentations or post-secondary information sessions to fill out Thrive Tickets, and reflect on the mentors in their lives who support their personal growth and future goals.

DEADLINES

- Mental Health and Wellness due November 3, 2025
- Volunteer/Work Experience³ due April 10, 2026
- Thrive Tickets unit due May 6, 2026
- Mentors-Past, Present, Future due June 3, 2026