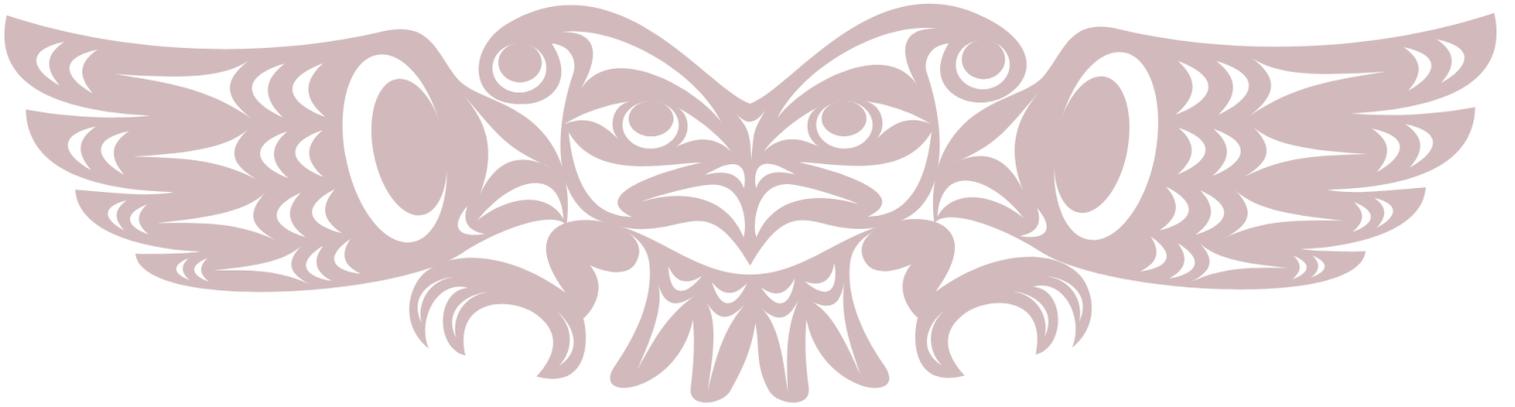


QUW'UTSUN
SECONDARY SCHOOL



**COURSE SELECTION
BOOKLET**

2026/2027





QUW'UTSUN SECONDARY SCHOOL

MESSAGE FROM THE PRINCIPAL

On behalf of the staff at Quw'utsun Secondary School, we wish you all the best for the upcoming 2026-2027 school year. We invite you to get involved in some of the many academic, athletic, applied skills, fine arts, leadership and career education opportunities available throughout the year. In preparation for your arrival at QSS in September 2026, we need to know which courses you require in order to meet your personal educational plan and to complete your Graduation Program requirements. We offer an impressive range of courses in a wide variety of areas. Not all courses can run every year. Course offerings depend on student sign-up.

The Table of Contents will help you find course descriptions for the mandatory courses and all of the elective options. We have so many courses for you to choose from here. In addition to all of the courses you might expect (Art, Shop, Home Economics, Languages, etc.), we have some other unique and exciting courses to consider.

Choose your courses carefully. Talk to your parents. Ask your Teachers and Counsellors. Visit us at the school. We will be happy to answer your questions.

PRINCIPAL
SCOTT JACKSON



VICE PRINCIPAL
LINDY THOMPSON



VICE PRINCIPAL
KELLY GIRVAN



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BC Graduation Requirements

Name: _____

YOG: _____

Additional requirements:

- Numeracy Assessment 10
- Indigenous focused course

- Literacy Assessment 10
- Literacy Assessment 12

GRADE 10	GRADE 11	GRADE 12
<ul style="list-style-type: none"> <input type="checkbox"/> Language Arts 10 (4 cr.) <input type="checkbox"/> Social Studies 10 (4 cr.) <input type="checkbox"/> Science 10 (4 cr.) <input type="checkbox"/> Mathematics 10 (4 cr.) _____ <input type="checkbox"/> Physical Health Education 10 (4 cr.) <input type="checkbox"/> Career Life Education 10 (4 cr.) 	<ul style="list-style-type: none"> <input type="checkbox"/> Language Arts 11 (4 cr.) _____ <input type="checkbox"/> Social Studies 11 or 12 (4 cr.) _____ <input type="checkbox"/> Science 11 or 12 (4 cr.) _____ <input type="checkbox"/> Mathematics 11 (4 cr.) _____ 	<ul style="list-style-type: none"> <input type="checkbox"/> English Studies 12 (4cr.) _____ <input type="checkbox"/> Career Life Connections 12A <input type="checkbox"/> Capstone 12B
<input type="checkbox"/> Applied Design, Skills, and Technologies 10, 11 or 12 (4 cr.) _____		

52 credits

7 Elective Courses from Grade 10, 11, or 12 – (minimum of 3 electives must be Grade 12 courses)	
_____ 12	_____
_____ 12	_____
_____ 12	_____
_____	_____
_____	_____
28 credits	

Minimum total = 80 credits

*At least 16 credits ***must*** be at the Grade 12 level, including Gr. 12 Language Arts and the Career Life Connections 12 course.

COURSES THAT SATISFY THE REQUIREMENTS OF ARTS EDUCATION OR APPLIED DESIGN, SKILLS & TECHNOLOGIES

ARTS EDUCATION

Dance Foundations 10
Drama 10
Instrumental Music 10 - Guitar
Art Studio 10
Studio Arts 2D 10
Media Arts 10
Photography 10

Dance Foundations 11
Drama 11
Theatre Company 11
Film and Television 11
Instrumental Music 11 - Guitar
Art Studio 11
Studio Arts 2D 11
Graphic Arts 11
Media Arts 11
Studio Arts 3D 11
Photography 11

Dance Foundations 12
Drama 12
Theatre Company 12
Film and Television 12
Instrumental Music 12 - Guitar
Art Studio 12
Studio Arts 2D 12
Graphic Arts 12
Media Arts 12
Studio Arts 3D 12
Photography 12

COURSES THAT SATISFY THE INDIGENOUS REQUIREMENT

BC First Peoples 12
English First Peoples 12
English First Peoples 11
Hul'qumi'num' 10, 11, OR 12
Etudes autochtones contemporaines 12
Indigenous Technologies 12

APPLIED DESIGN, SKILLS & TECHNOLOGIES

Food Studies 10
Textiles 10
Computer Studies 10
Drafting 10
Electronics and Robotics 10
Metalwork 10
Woodwork 10
Technology Exp 10 (Mechanics)

Accounting 11
Food Studies 11
Textiles 11
Computer Information Systems 11
Computer Programming 11
Drafting 11
Automotive Technology 11
Electronics 11
Robotics 11
Metalwork 11
Metalwork Jewelry Making 11
Woodwork 11

Accounting 12
Child Development and Caregiving 12
Food Studies 12
Textiles 12
Digital Media Development 12
Computer Information Systems 12
Computer Programming 12
Drafting 12
Automotive Technology 12
Engine and Drivetrain 12
Electronics 12
Robotics 12
Metalwork 12
Metalwork Jewelry Making 12
Machining and Welding 12
Woodwork 12

2026/2027
COURSE
DESCRIPTIONS

HUMANITIES 10

During this year long course, grade 10 students will be enrolled in:

- **COMPOSITION 10 (2 credits)**
- **SOCIAL STUDIES 10 (4 credits),**
- **CAREER LIFE EDUCATION (4 credits),**
- **A PERSONALIZED English Language Arts CONCENTRATION (2 credits)**

English, Social Studies and Career Life Education course content will be integrated, and an emphasis placed on project-based learning. Students will be satisfying the learning standards for four individual courses but in a more seamless manner. This approach also frees up time in students' block schedule for another elective choice. One of the most exciting benefits of this approach is the opportunity to learn with one group of students over time which not only eliminates transition challenges but enhances building relationships and creates more meaningful learning experiences.

COMPOSITION 10 (2 credits) (MCMPS10)

All grade 10 students will continue to explore, extend, and strengthen their written communication skills. First Peoples themes will be woven throughout each of the English Language Arts courses. A second English Language Arts concentration worth 2 credits will be determined by the teacher.

SOCIAL STUDIES 10 (4 credits) (MSS--10)

This course prepares students to be informed, responsible Canadian citizens by exploring Canada's domestic and international development from 1914 to the present, including WWI, the Great Depression, WWII, the Cold War, government, and human geography, while connecting historical events to Canada's future.

CAREER LIFE EDUCATION (4 credits) (MCLE-10)

This course develops students' career-life skills by exploring future roles, opportunities, and community resources while building communication and self-presentation abilities. Students also research post-secondary pathways, labour market trends, budgeting, and workplace safety to prepare for adulthood.

All English Language Arts 11 classes will include reading and consuming a variety of texts and will highlight those created by First Peoples. Please choose at least one of the following options as your focus for English Language Arts 11.

CREATIVE WRITING 11 (*MCTWR11*)

In this course, in addition to reading and viewing a variety of texts, we will be creating all kinds of original works, from short stories, to poetry, to memoirs, to creative non-fiction.

NEW MEDIA 11 (*MNMD11*)

In addition to examining and creating traditional written texts, New Media 11 focuses heavily on non-traditional media such as film, podcasts, music, graphic representations, and social media, in order to build a deeper understanding of the complexities of digital citizenship and foster critical thinking.

ENGLISH FIRST PEOPLES 11: LITERARY STUDIES & NEW MEDIA (*MELNM11*)

This course satisfies the Indigenous content graduation requirement and is designed for all students, Indigenous and non-Indigenous, who are interested in using non-traditional texts to learn about the experiences, values, beliefs and lived realities of First Peoples. A key feature of the course is its focus on authentic First Peoples' voices.

INQUIRY 11: ENGLISH FIRST PEOPLES 11 & EXPLORATIONS IN SOCIAL STUDIES 11 (*MEFLS11-79INQ/MEPSS11-79INQ*)

Inquiry 11 is a year-long, 8-credit course that integrates English First Peoples 11 and Explorations in Social Studies 11, focusing on communication, self-awareness, and global citizenship. Students engage in project-based learning, discussions, debates, and thought-provoking texts to develop skills and knowledge for a well-rounded, globally aware education.

ENGLISH 11: SCREEN SCRIPT & STORIES (*MCTWR11-79SSS*)

Is there a book, script, or screenplay waiting to be unleashed within you? Discover the art of storytelling in our Screen, Script, and Novel Writing course. Craft compelling stories for scripts and novels. Learn about characters, plots, and visual storytelling. Get practical skills for bringing your ideas to life on screen and paper. Ideal for aspiring writers, with special script exercises for theater students. Turn your imagination into captivating stories with this comprehensive writing course.

ENGLISH FIRST PEOPLES 12 (*MENFP12*) - Meets Language Arts 12 requirement

This course satisfies the Language Arts 12 and the Indigenous content graduation requirement. This course is grounded in the First Peoples' Principles of Learning. It is designed for all students, Indigenous and non-Indigenous, who are interested in delving deeply into First Peoples' oral and written literature and visual texts in a range of media. The course focuses on the experiences, values, beliefs, and lived realities of First Peoples as evidenced in various forms of text, including oral story, poetry, song, performance, film, and prose. A key feature of the course is its focus on authentic First Peoples' voices (i.e., historical or contemporary texts created by or with First Peoples).

ENGLISH STUDIES 12 (*MENST12*) - Meets Language Arts 12 requirement

This course satisfies the Language Arts 12 requirement. It is designed for all students and aims to both explore a variety of literature and create new and exciting texts including essays, creative non-fiction, visuals, presentations and speeches. English Studies 12 will include reading and consuming a variety of texts and will highlight those created by First Peoples.

CREATIVE WRITING 12 (*MCTWR12*) - Elective - does not meet requirement

This course is an elective at the grade 12 level which offers the opportunity to deeply explore works within the literary arts by creating poetry, short fiction, drama, memoir and other pieces. First Peoples' themes will be woven throughout the course.

ENGLISH 12: SCREEN, SCRIPT, & STORIES (*MCTWR12-79SSS*)

Elective - does not meet requirement

Is there a book, script, or screenplay waiting to be unleashed within you? Discover the art of storytelling in our Screen, Script, and Novel Writing course. Craft compelling stories for scripts and novels. Learn about characters, plots, and visual storytelling. Get practical skills for bringing your ideas to life on screen and paper. Ideal for aspiring writers, with special script exercises for theater students. Turn your imagination into captivating stories with this comprehensive writing course.

MATHEMATICS

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Students are advised to check with their counsellor or post-secondary institution to confirm mathematics requirements.

WORKPLACE MATHEMATICS

This course is designed for the student wishing to enter the workplace and college trades programs after graduation.

Topics of major focus will be geometry, measurement, trigonometry, interpreting diagrams and graphs, budgets, banking services, credit and loans.

This course meets the requirements of BC graduation and some colleges/trades programs.

Workplace 10 (*MWPM-10*)

Workplace 11 (*MWPM-11*)

FOUNDATIONS OF MATHEMATICS

This course is designed for students intending to pursue post-secondary studies in programs that do not require the study of theoretical calculus.

Topics include financial mathematics, geometry, measurement, number, logical reasoning, relations and functions, statistics, and probability.

This course meets the general entrance requirements of university/college and entrance to some programs.

Foundations of Mathematics and Pre-Calculus 10 (*MFMP-10*)

Foundations of Mathematics 11 (*MFOM-11*)

Foundations of Mathematics 12 (*MFOM-12*)

PRE-CALCULUS

This course is designed for students intending to pursue post-secondary programs that require the study of theoretical calculus.

Topics include Financial Literacy, Trigonometry, Functions and equations, and Systems of equations and inequalities.

This course meets the general entrance requirements of university/college and entrance to some programs.

Foundations of Mathematics and Pre-Calculus 10 (*MFMP-10*)

Pre-Calculus 11 (*MPREC11*)

Pre-Calculus 12 (*MPREC12*)

Calculus 12 (*MCALC12*)

SCIENCE 10 (*MSC--10*) - Required

Science 10 builds on Science 9 and completes the survey of fields of science started in Grade 8, examining the four key disciplines in science—biology, chemistry, physics, and Earth science—covering DNA and diversity, energy changes, energy conservation, and the Big Bang theory. Learning is supported through discussions, labs, group work, projects, problem solving, and various assessments.

CHEMISTRY 11 (*MCH--11*)

Chemistry 11 is an introductory course (recommended after Science 10 and Foundations of Math & Pre-Calculus 10) that prepares students for post-secondary science by exploring atoms and molecules, organic chemistry, the mole concept, conservation of matter and energy, and solubility. Learning includes discussions, labs, group work, problem solving, and various assessments.

EARTH SCIENCE 11 (*MESC-11*)

Earth Science 11 surveys the forces that shape Earth, exploring Earth materials and resource use, plate tectonics, energy transfer in the atmosphere, the role of water in weather and climate, and the origins and interactions of Earth within the solar system. Learning includes discussions, demonstrations, labs, group work, projects, and assessments.

LIFE SCIENCES 11 (*MLFSC11*)

Life Sciences 11 introduces students to living organisms from viruses to vertebrates, emphasizing molecular and cellular interactions, evolution, and biological classification. Topics include animals, microbiology, plants, ecology, evolution, taxonomy, and the scientific method, with learning through discussions, labs, group work, projects, and assessments.

PHYSICS 11 (*MPH--11*)

Physics 11 (recommended after Science 10 and Foundations of Math & Pre-Calculus 10) is an introductory course preparing students for post-secondary science by exploring motion, forces, energy conservation, and mechanical waves. Learning involves discussions, demonstrations, labs, group work, problem solving, and a variety of assessments.

SCIENCE FOR CITIZENS 11 (*MSCCT11*)

Science for Citizens 11 is an issues-focused science course that builds scientific understanding and analytical skills while examining how science informs daily decisions, workplace technologies, and human responses to local and global change. Topics may include health, nutrition, technology impacts, materials science, natural resources, and climate change, with learning through discussions, labs, group work, projects, and assessments.

ANATOMY & PHYSIOLOGY 12 (*MATPH12*)

Anatomy & Physiology 12 (recommended after Chemistry 11) surveys major human body systems and introductory biochemistry, emphasizing homeostasis, gene expression, and the interrelationships among organ systems. Learning includes discussions, demonstrations, labs, group work, projects, problem solving, and assessments.

CHEMISTRY 12 (*MCH--12*)

Chemistry 12 (recommended after Chemistry 11 and Pre-Calculus 11) is an advanced course for students pursuing post-secondary science, focusing on reaction rates, dynamic equilibrium, solubility equilibrium, acid-base strength, and redox processes. Learning involves discussions, demonstrations, labs, group work, problem solving, projects, and assessments.

ENVIRONMENTAL SCIENCE 11 (*MESC-11*)

Environmental Science 11 explores how ecosystems function by examining abiotic and biotic factors, energy flow, matter cycles, and population dynamics. Students investigate how human actions influence ecosystem sustainability and learn about stewardship and restoration, including First Peoples traditional ecological knowledge. Topics include biodiversity, ecosystem services, and resource management. Learning includes discussions, field studies, labs, group work, projects, and assessments. Note that Environmental Science 11 is offered as a stand alone course and as part of the Environmental Stewardship Program.

PHYSICS 12 (*MPH--12*)

Physics 12 (recommended after Physics 11 and Pre-Calculus 11) is an advanced course for students pursuing post-secondary science, focusing on motion and reference frames, linear and circular motion, forces and energy interactions within fields, and conservation of momentum. Learning includes discussions, demonstrations, labs, group work, problem solving, and assessments.

FORENSIC SCIENCE 11 (*YPSS-1A*) -Elective; not a Science 11 credit

Forensic Science 11 introduces students to the fields and techniques of forensic investigation, covering topics such as crime scene procedures, forensic biology, evidence analysis, ballistics, arson and explosives, criminal law, and profiling. Learning involves inquiry labs, projects, case studies, guest speakers, discussions, group work, and assessments.

Grade 11 or 12 students must choose at least one Social Studies 11 or 12 course to meet graduation requirements. Each of these Social Studies 11 or 12 courses fulfill the four credit Social Studies graduation requirement.

EXPLORATIONS IN SOCIAL STUDIES 11: HISTORY THROUGH FILM (MEPSS11-79HF)

This course examines 20th and 21st-century international conflicts and issues through documentaries and feature films, teaching students to critically analyze historical, social, and cultural accuracy. Topics include natural and man-made disasters, the Cold War, Vietnam War, genocide, and civil rights struggles.

EXPLORATIONS IN SOCIAL STUDIES 11: HUMAN GEOGRAPHY (MEPSS11-79HG)

This course examines human activity patterns, population distribution, and how physical features and resources shape societies, while analyzing global issues from environmental, social, economic, and political perspectives using geographic thinking, inquiry methods, and spatial technologies.

20th CENTURY WORLD HISTORY 12 (MWH--12)

This course explores world history from 1919 to 2000, covering topics such as Russia, China, Nazi Germany, decolonization, human rights, the Cold War, Apartheid, and Middle Eastern conflicts. Learning is inquiry- and project-based, developing research, discussion, debate, and presentation skills through individual, group, and class activities.

20th CENTURY WORLD HISTORY THROUGH FILM 12 (MWH--12-79HF)

This course explores world history from 1919 to 2000 through documentaries and films, analyzing global conflicts, independence movements, international cooperation, genocide, and human rights. Students develop research, discussion, debate, and presentation skills through individual, group, and class activities.

BC FIRST PEOPLES 12 (MBCFP12)

BC First Peoples 12 is an academic course designed for all students, for Indigenous and non-Indigenous, that explores Indigenous governance, culture, art, and connection to the land in British Columbia, as well as Indigenous-non-Indigenous relations, colonial impacts, and reconciliation. Students engage in research, writing, projects, and presentations.

COMPARATIVE CULTURES 12 (MCMCL12)

This course explores ancient cultures and civilizations across time and continents, examining how they shaped today's world. Students study worldviews and events through anthropology, archaeology, philosophy, and art history.

HUMAN GEOGRAPHY 12 (MHGEO12)

Human Geography 12 explores how human populations interact with and impact the natural environment, focusing on resource management, sustainability, globalization, urbanization, and landscape changes. Students develop critical thinking skills while analyzing the complex relationships between societies, cultures, and the physical world.

LAW STUDIES 12 (MLST-12)

This course introduces the Canadian legal system, focusing on citizens' rights and obligations and how they are protected. Students engage in research, writing, critical thinking, cooperative projects, court field trips, mock trials, and presentations.

PHILOSOPHY 12 (MPHIL12)

This course explores philosophy, encouraging students to examine their thoughts, actions, and feelings while studying the history and branches of philosophical thought. Key topics include research methods, reasoning, metaphysics, epistemology, and theories of morality and ethics.

PHYSICAL GEOGRAPHY 12 (MPGEO12)

Physical Geography 12 examines Earth's landforms, natural processes, and resource use, focusing on how these processes shape the planet, cause natural disasters, and affect human systems. Students apply geographic thinking, inquiry methods, and spatial technologies to analyze, predict, and respond to environmental issues while studying maps, photos, and debates.

SOCIAL JUSTICE 12 (MSJ--12)

This course explores global challenges and sustainability, examining issues like economic inequality, environmental threats, globalization, human rights, quality of life, and genocide. Students analyze government policies, international agreements, and individual responsibilities from environmental, social, economic, and political perspectives.

INQUIRY 11: ENGLISH FIRST PEOPLES 11 & EXPLORATIONS IN SOCIAL STUDIES 11 (MEFLS11-79INQ/MEPSS11-79INQ)

See description under English Language Arts

IMPORTANT: Many universities require a minimum Grade 11 language credit for admission to programs. As with all courses, these courses will only be offered if enough students select them.

FRENCH 10 (*MFR--10*)

This French course develops listening, speaking, reading, viewing, and writing skills through real-life communication tasks and authentic cultural experiences. It enhances fluency and opens opportunities for work, study, and travel; prior French experience or French 9 is recommended but not required.

FRENCH 11 & 12 (*MFR--11, MFR--12*)

Continue developing fluency and complexity in listening, speaking, reading, viewing, and writing through real-life communication tasks. Students further explore Francophone culture and work toward greater independence in language use, opening opportunities for work, study, and travel globally. Prior studies in French recommended.

SPANISH 10 & BEGINNER SPANISH 11 (*MSP--10, MBSP-11*)

This beginning Spanish course develops listening, speaking, reading, and writing skills through mini-conversations and creative projects. Learning Spanish opens opportunities for travel, work, and building connections while fostering cultural understanding.

SPANISH 11 & 12 (*MSP--11, MSP--12*)

Continue developing listening, speaking, reading, and writing skills, expanding vocabulary and verb tenses for more advanced conversation. Students also explore cultural content, enhancing communication, global understanding, and opportunities for travel, work, and connections. Recommended prior studies in Beginner Spanish 10 & 11.

HUL'Q'UMI'NUM' 10, 11 & 12 (*MHULQ10, MHULQ11, MHULQ12*)

(Hul'q'umi'num' 11 is a continuation and extension of Hul'q'umi'num' 10 and Hul'q'umi'num' 12 is a continuation and extension of Hul'q'umi'num' 11)

This course is open to ALL students, both Indigenous and non-Indigenous.

This course is designed for all students who are interested in learning about the Quw'utsun people, with emphasis on the Hul'q'umi'num' language—words, phrases, sentences and beginning conversations. This will be an extension of language learned in previous grades, but newcomers are welcome. Students will participate in a variety of hands-on activities such as harvesting local foods, working with cedar, hosting guest speakers, and field trips.

Students already enrolled in the French Immersion program must successfully complete 6 Immersion courses between Grade 10 and Grade 12 in order to receive his/her French Dogwood Certificate.

FRANÇAIS LANGUE SECONDE 10 (*FFRAL10*)

This course builds students' ability to communicate effectively in French through oral, written, and visual texts. Students explore how language reflects culture, history, and identity while analyzing and creating a variety of text forms. Emphasis is placed on communication strategies, literary and poetic elements, and refining language accuracy. Through meaningful texts and cultural contexts, students deepen both linguistic proficiency and cultural understanding.

SCIENCES HUMAINES 10 (*FSCH-10*)

Sciences Humaines 10 explores Canada's role in world and national events from 1914 to today, examining how global and regional conflicts, political institutions, and diverse worldviews have shaped contemporary societies and identities. Students investigate historical and contemporary injustices, Canadian autonomy, governance, policies, and cultural identities while developing critical thinking, inquiry, and communication skills. Through inquiry-based learning, students analyze multiple perspectives, causes and consequences, and ethical dimensions of past and present issues to become informed, engaged citizens.

LANGUE ET CULTURE 11 (*FLCF-11*)

This is a required course for all French Immersion students at the secondary level. Students are provided with a variety of activities designed to give them the competence to interact with confidence in a French milieu. These include grammar lessons, skits, oral presentations, and short stories.

SCIENCES HUMAINES 11 (*FEPSS11*)

This is a required course for all French Immersion students at the secondary level. The course covers the time period of 1945 to the present in Canadian history with special emphasis on the relations between French and English-speaking Canadians. Activities include individual and small group research projects, oral presentations, debate, and use of internet resources.

FRANÇAIS LANGUE SECONDE 12 (*FFRAL12*)

This is a required course for all French Immersion students. It is a continuation of the course of Français 11 plus a further study of complex literary forms and oral and written expression such as essays, research, and editorials. There is a strong emphasis on the oral component in preparation for the provincial exam. Activities may include individual/cooperative group work with resources.

COMMUNICATION ORALE 12 (*FSPLG12*)

In this course, writing and presentation of skits, improvisations, discussions, debates, and research form integral parts of this course. Emphasis is on oral work (conversations, interviews, debates, songs, etc.) to help students keep the French they have learned.

ÉQUÊTE 11 : VOIX AUTOCHTONES (*FFRAL11-79INQ/FINST12*)

Français Langue 11 - Études du cinéma et de la littérature francophones 11 & Sciences Humaines 12 - Études autochtones contemporaines 12

This year-long, 8 credit course, satisfies both of the required Grade 11 French Immersion courses as well as the Indigenous-Focused Graduation Requirement. Through cross-curricular inquiry and project-based learning, Francophone Cinema and Literature 11 AND Contemporary Indigenous Studies 12 are integrated. This course provides the opportunity to delve deeper into Indigenous issues and events, past and present, as recounted by authentic Indigenous voices in French. Students will explore a variety of literary, cinematic, and artistic works by Indigenous creators that highlight the different lived experiences of First Peoples, their cultures, histories, values, beliefs, and their continuous resistance to colonial intervention.

PHYSICAL EDUCATION

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As with all courses, these courses are dependent on student interest and the availability of a qualified teacher.

PHYSICAL EDUCATION 10 (*MPHED10*) – Satisfies PHE 10 requirement

Physical Education 10 is a required graduation course that introduces students to individual and team sports, emphasizing participation and basic skill development. Assessment includes 50% active participation, 30% skill development, and 20% knowledge, covering activities like badminton, basketball, dance, field hockey, soccer, volleyball, outdoor pursuits, and more.

ACTIVE LIVING 11 & 12(*MACLV11/MACLV12*)

These courses offer team and individual sports, recreational activities, and an active health program, with assessment based 80% on practical participation and 20% on knowledge and service. Activities may include badminton, basketball, field hockey, soccer, volleyball, outdoor pursuits, and more, with opportunities for peer instruction and community service.

FITNESS AND CONDITIONING 11 & 12 (*MFTCD11/MFTCD12*)

These courses teach students how to understand and apply fitness components for a healthy, active lifestyle. It includes regular training, exposure to various activities, and practical strategies for lifelong wellness, with mandatory volunteer hours and a teaching component.

INDIGENOUS GAMES PE 10, 11 & 12 (*MACLV11-79IG/MACLV12-79IG*)

Indigenous Games PE 10 satisfies PHE 10 requirement

Indigenous Games PE allows students to explore cultural aspects while participating in sports featured at the Indigenous Games. The course includes PE 10/11/12 mandatory components and may cover archery, badminton, basketball, canoeing, lacrosse, soccer, softball, volleyball, and First Nations dance, emphasizing skill development, fitness, and cultural understanding.

BASKETBALL 10, 11 & 12 (*MPHED10-79BB/YLRA-1B/YLRA-2B*)

Basketball 10 satisfies PHE 10 requirement

Basketball helps students develop as players, coaches, and officials, teaching skills needed to coach or officiate in the community. The course emphasizes skill training, fitness, and applying these concepts to improve personal athletic performance.

ICE HOCKEY 10, 11 & 12 (*MPHED10-79IH/YLRA-1C/YLRA-2C*)

Ice Hockey 10 satisfies PHE 10 requirement

Ice hockey is a PE based course that focuses on skill development and activity. Depending upon ice availability and scheduling, the class may run at different times during the day. Further, depending upon numbers of students who sign up, we may run multi-grade classes. Ideally, we would have separate classes based on skill and experience as we would like all those interested to sign up.

NOTE: This class will have a \$300 fee to cover costs of ice rental, etc. If this fee is a financial hardship, please speak to an administrator

ROCK CLIMBING 10 (MPHED10-79RC)

Satisfies PHE 10 requirement

Climbing 10 will provide an opportunity for climbers to train and learn about the sport of climbing. This class will also provide an avenue for students to develop their climbing skills with the hope and intention that they will enter the world of competitive climbing.

Areas of exploration will include basic and advanced techniques, gym safety, and the mitigation of overall risk. (Climbing 9 is recommended but not required)

NOTE: This class will have a \$100 fee to cover costs of the program. If this fee is a financial hardship, please speak to an administrator.

ROCK CLIMBING 11 & 12 (YLRA-1D/YLRA-2D)

Rock Climbing 11 (Climbing 10 recommended) develops sport climbing skills, covering techniques, gym safety, exercise management, injury prevention, nutrition, and health sciences, with options for competitive climbing or further training. Rock Climbing 12 (Climbing 11 or academy recommended) builds advanced climbing skills, emphasizes gym leadership, offers potential instructor certification, and continues training in safety, techniques, fitness, and nutrition.

NOTE: This class will have a \$100 fee to cover costs of the program. If this fee is a financial hardship, please speak to an administrator.

VOLLEYBALL 10, 11 & 12 (MPHED10-79VB/YLRA-1G/YLRA-2G)

Volleyball 10 satisfies PHE 10 requirement

Volleyball PE helps students develop as players, coaches, and officials, providing opportunities to learn coaching and officiating skills for community settings. The course also emphasizes skill development, fitness, and applying these concepts to improve personal athletic performance.

RUGBY 10, 11 & 12 (MPHED10-79RB/YLRA-1A/YLRA-2A)

Rugby 10 satisfies PHE 10 requirement

Rugby is an activity-based Physical Education course where students play and study rugby, focusing on skill development, non-contact games, video analysis, and safe off-field training techniques. Students will build on basic movements learned in previous PE courses, applying them to rugby-specific skills, while exploring kinesiology, physiology, and training methods. The course promotes active, healthy living and provides practical experience for future education, training, or careers in sport and recreation. It is ideal for students with an interest in rugby, including school or community team players.

YOGA AND MINDFULNESS 11 (YHRA-1B)

In Yoga and Mindfulness 11 students will develop a regular practice of Yoga, meditation and mindfulness which will encourage a sense of ease and calm in their busy lives. The class is quiet, restful and rejuvenating. Daily attendance is essential.

SKILLS EXPLORATION 10 (MSTX-0A)

This course is an introduction to the building trades. Students will learn about a variety of building trades including carpentry, plumbing, electrical, heating and ventilation (HVAC) and mechanics. Students will gain industry knowledge through various guest speakers. Students will reinforce what they learn through numerous hands-on projects. Upon successful completion of the Introduction to the Building Trades course, students will have a solid foundation of the basics of the building trades.

TECHNOLOGY EXPLORATION 10 – MECHANICS (MSTX-0B)

Through theory and hands-on experience students will increase their knowledge and skills in a variety of mechanic related trades including automotive vehicle preventative maintenance, robotics, small engines, and design. Topic covered will be: internal combustion engines, alternative power, robotics, brakes, design, and electricity.

AUTOMOTIVE TECHNOLOGY 11 (MTAUT11)

Automotive Technology 11 is a beginner's automotive course. Topics covered may include safety, measurement, operation of machines, engine disassembly and re-assembly, function of parts and systems; general procedures for servicing: cooling, ignition, drive train, lubrication, steering, suspension, brakes, tires, emissions, computers, etc. Activities may include group labs for major project (engine diagnosis), maintenance and general re-pairs, welding, vehicle repairs, computer skills, and electronics.

AUTOMOTIVE TECHNOLOGY 12 (MTAUT12)

Recommended prior studies in: Automotive Technology 11

In Auto Tech 12, students develop skills based on auto interests, diagnostic skills, good fundamental knowledge, and process skills. It is a hands-on and focused experience. A broad view of career opportunities is explored. Group participation, maintaining a work-like atmosphere, process skills, using information analysis, problem solving, field trips, diesel, heavy duty, electronics, and computer skills are all included.

AUTOMOTIVE TECHNOLOGY 12 - ENGINE & DRIVE TRAIN (MTEAD12)

Recommended prior studies in: Completion of Auto Technology 12

This hands-on course involves major engine repair as well as clutch and transmission repair. This course is a more in-depth look into the engine and drive-train from Auto 12. Group participation, maintaining a work-like atmosphere, processing skills, information analysis, problem solving, field trips, diesel, heavy duty, electronics, and computer skills are part of the course.

YOUTH TRAIN IN TRADES : AUTO SERVICE TECH APPRENTICESHIP OPTION *(See Careers to apply for this program)*

After completion of an Automotive 11 course with 86% or better and completing an interview with the teacher and/or college instructor, students can complete their first year of their AST Foundations at Quw'utsun Secondary. This intense course continues into July and August at Camosun College in Victoria to complete Level 1. See the Career Centre for details.

ELECTRONICS & ROBOTICS 10 *(MTEAR)*

Electronics and Robotics 10 is a hands-on introductory course that teaches the basics of electricity and electronics through practical projects like residential wiring, amplifiers, and robots. Students build useful devices for everyday technology and develop strong technical skills, making it a recommended foundation for advanced electronics courses and suited to those with solid math and science abilities.

ELECTRONICS 11 & 12 *(MTEAR/MTELE11/MTELE12)*

Electronics 11 (recommended prior: Electronics 10) is a hands-on, practical course where students will build residential wiring circuits, amplifiers, transmitters, robots, and other electronic projects. This course prepares students for technical careers or further studies in electronics, technology, or electrical trades. Strong math and science skills are required, and it is recommended before taking Electronics 12, where students will create more advanced electronic projects.

DRAFTING 10 *(MTDRF10)*

All the basic drafting skills will be covered in this introductory course in technical drawing. Projects include Computer Bridge Design and Construction and Computer Assisted House Plan Design. Basic board drawings will be covered as well. The program is set up so students work and progress at a pace challenging to the individual learner. Drawing and design assignments will provide students with an insight into many modern uses of drafting and design.

DRAFTING 11 & 12 *(MTDRF11/MTDRF12)*

This course begins with traditional drafting skills and progresses to computer-assisted drafting using AutoDesk software like AutoCAD, Revit, Inventor, and Fusion 360. Students will explore mechanical and architectural drafting, including orthographic, isometric, oblique, mechanical, and architectural drawings. Assignments and projects aim to give students a deep, practical understanding of applied design, engineering, and architectural drafting, tailored to individual interests and potential career paths.

ROBOTICS 11 *(MTROB11)*

Robotics 11 introduces students to designing, building, and programming simple robotic systems using hands-on projects. Students apply the design-thinking process to create, test, and refine solutions. The course explores mechanical systems, sensors, control logic, and programming, while considering real-world and societal impacts of robotics. **22**

WOODWORK 10 (*MWWK-10*)

Woodwork 10 is an introductory course where students learn design, tool use, joinery, and wood properties while creating teacher- and student-selected projects, developing skills in sketching, problem solving, and safe workshop practices.

SENIOR WOODWORK LEVEL 1 & 2 (*MWWK-11/MWWK-12*)

Senior Woodwork Level I builds on introductory skills for both new and returning students, emphasizing the design cycle, technical drawings, joinery, and tool use. Students complete multiple small-to-medium projects while developing problem-solving, time management, and safe workshop practices. Senior Woodwork Level II focuses on larger furniture projects, emphasizing advanced joinery, problem-solving, time management, and safe tool use, with students earning Grade 11 or 12 Ministry credit.

FURNITURE AND CABINETRY 12 (*MTFAC12*)

Furniture and Cabinetry 12 is for woodworking students that are looking to further their skills either as a hobby or potential career in the woodworking industry. Students will take on a major self-directed project in the class and will be expected to be enthusiastic and self motivated. This class is open to grade 11 or 12 students who have previously taken both Level I and Level II Senior Woodwork. Possible projects include: beds, tables, chairs, paddleboards, canoes, skateboards, boxes, bowls, cabinets, sideboards, skateboards...etc.

METALWORK 10, 11 & 12 (*MTMET10/MTMET11/MTMET12*)

This course introduces students to the safe use and operation of metal shop equipment and processes. Students complete class and individual demonstrations, assignments, and projects, beginning with set projects assigned by the instructor and progressing to self-designed projects. Evaluation is based on theory (20%), shop production (20%), and functional work skills (60%). Course content includes measurement, plan reading, layout, hand tools, engine lathe, oxyacetylene cutting, and stick & MIG welding.

MACHINING AND WELDING 12 (*MTMAW12*)

Machining and Welding 12 is a project-based course that builds on Metalwork 11, focusing on advanced welding, metal fabrication, and shop skills, preparing students for post-secondary training or a "C" ticket certification.

METALWORK: ART METAL, GLASSWORK, AND JEWELRY DESIGN 11 & 12

(*MTMET11-79JWL/MTMET12-79JWL*)

This is a hands-on course focused on the design principles and fabrication of jewelry and metal art, with an introduction to basic glassworking techniques. Students will develop creative and critical thinking skills while designing and building practical, real-world solutions to human needs. Some processes explored in this course include: copper enamelling, silver smithing/brazing, stained glass design and glass lamp work (beadmaking) and glass slumping. Some aspects of branding and graphic design will be explored including silk screening.

COMPUTER STUDIES 10 (*MCSTU10*)

This course is for everyone—whether you’ve never clicked “Save” or you’re already a tech wizard. Think computers are scary? Think again. We’ll cover the essentials: where your files actually go, how to crush it with O365 tools, and even some math and language tricks you didn’t know existed. Plus, you’ll get a taste of the cool stuff—media tech, programming, cybersecurity, AI, big data. Basically, all the skills you’ll need for future courses and real life. --Miss this class? --Big mistake.

MEDIA DESIGN 11 (*MMEDD11*)

Ready to level up your design game? This isn’t your average “draw a stick figure” class. We’re talking animated cartoon characters that actually move, logos that could land you a freelance gig, and 3D printing skills that make your ideas appear in real life projects. You’ll have a choice to dive into Blender for pro-level graphics, or flex your maker muscles in Tinkercad and Autodesk Fusion to design and create projects for 3D print, CNC wood, and metal work. Basically, if it’s cool and techy, we’re doing it. This course is your launchpad into Digital Media Development 12, so if you’re dreaming of a future in animation, design, or just want to impress your friends with a custom 3D-printed phone stand—this is your jam.

COMPUTER INFORMATION SYSTEMS 11 & 12 (*MCINF11/MCINF12*)

Qw’utsun Secondary’s “Systems” courses focus on computer networking, hardware, operating systems, security, and troubleshooting to understand how the internet and communications systems work. The course offers practical, career-ready skills, opportunities toward CCNA certification, and strong preparation for post-secondary tech programs and in-demand jobs. The Grade 11 course is required before taking the Grade 12 course.

COMPUTER PROGRAMMING 11 & 12 (*MCMPR11/MCMPR12*)

This course teaches students to write software using languages like Python, Java, and C++ to control systems ranging from microprocessors to games and electronics. Students complete hands-on projects using professional IDEs similar to those used in college and university courses. The Grade 11 course is highly recommended before taking the more difficult and project-based Grade 12 Programming course.

DIGITAL MEDIA DEVELOPMENT 12 (*MDMD-12*)

This course is where your ideas stop being “cool concepts” and start becoming portfolio gold even if you haven’t tried Media Design before. Those who have taken Media design already will be launched into advanced animation, next-level graphic design, and projects that scream hire me. Want to design for 3D printing, CNC wood, and metal work like a tech wizard? Done. Want to create digital art that looks like it belongs in a gallery? Absolutely. This is your chance to refine your skills, collaborate like a boss, and push your creative boundaries. By the end, you’ll have a portfolio that makes college recruiters and future employers say, “Whoa.”

SOCIAL MEDIA MARKETING 10, 11 & 12 (*YMD--0A/YMD--1A/YMD--2A*)

Social Media Marketing teaches students how to turn their passions into online income by building real businesses, including branding, logo design, and advertising. Students learn marketing fundamentals, ethical persuasion, and digital entrepreneurship, gaining practical 21st-century skills that prepare them for future business and career opportunities.

ACCOUNTING 11 & 12 (*MAC--11/MACC-12*)

Students need financial, economic and consumer skills to survive in our complex society. This course is designed as an introduction to accounting concepts for those seeking entry level employment skills. You will learn how to manage and record data, create financial reports and analyze them to discover how healthy a business is. Accounting 12 is a follow up of Accounting 11 and is intended for students who wish to pursue post-secondary studies in accounting, finance, business management, or commerce. The skills learned will be useful to students intending to pursue other professions. Activities may include computer lab and classroom group work, individual study, and projects.

ENTREPRENEURSHIP 12 (*MENT-12*)

Are you one of the many who dream about starting up your own business? Make your dreams a reality! Make your own employment! Take Entrepreneurship 12 and investigate the possibilities. Students need to be prepared to work independently. Through participation in this program students experience the risks and rewards of entrepreneurship by preparing to start and operate a classroom-based enterprise. In a series of activities, students explore the requirements of today's successful businesses as they produce a product or provide a service.

DRAMA 10, 11 & 12 (*MDRM-10/MDRM-11/MDRM-12*)

Drama 10 or 11 can be taken by students in grades 10, 11, or 12. For Drama 12, significant experience or Theatre Company/Drama 10 or 11 is recommended.

Get yourself up on stage acting in short scenes and monologues, growing your comfort, skills and experience. We build a highly supportive class environment from which to take creative risks, take your acting skills to the next level, and dazzle the audience. You'll improvise, play games, learn a healthy warm up regime, collaborate and lead activities, and, if you are ready, have the opportunity to take your best work into our showcase public stage performance.

THEATRE COMPANY 10, 11 & 12 (*MDRTC10/MDRTC11/MDRTC12*)

Theatre Company 10 or 11 can be taken by students in grades 10, 11, or 12.

Theatre Company gives students hands-on experience in a full school play production, with Theatre Company 12 recommended for those with significant prior experience. Students rehearse during class and some outside hours, develop collaboration and independence, and take on acting, technical, and promotional roles.

THEATRE PRODUCTION 10, 11 & 12 (*MDRD-10/MDRTP11/MDRTP12*)

(Theatre Lights, Sets, Costumes & Management)

Theatre Production offers hands-on experience in the technical and management aspects of a school play, including sets, props, lighting, sound, costumes, makeup, and stage management. Students specialize in one or more areas, collaborate closely with the cast, and take on essential behind-the-scenes roles with some outside-of-class commitment during performance week.

TECHNICAL THEATRE 10, 11 & 12 (*MDRD-10-79TTH/MDRTP11-79TTH/MDRTP12-79TTH*)

Technical Theatre is a hands-on course for students who enjoy theatre but prefer working behind the scenes, focusing on lighting, sound, and stage design. Students gain practical experience with professional equipment while developing collaboration and problem-solving skills applicable to technical theatre careers or live performance production.

COSTUMING FOR STAGE AND SCREEN 10, 11 & 12 (*MDRD-10-79COS/MDRTP11-79COS/MDRTP12-79COS*)

This hands-on costuming course explores creating and transforming stage and screen costumes using a wide range of professional pieces. Students learn color, style, and storytelling through costume design while bringing characters and themes to life.

DRAMA, FILM & TELEVISION 11 & 12 (FILMMAKING) (*MDFT-11/MDFT-12*)

Drama, Film and Television is a hands-on, semester-long course where students create their own video projects while learning the creative and technical foundations of filmmaking. Students gain experience in cinematography, sound, lighting, editing, and storytelling through student-led short film projects.

DANCE FOUNDATIONS 10, 11 & 12 *(MDCF-10/MDCF-11/MDCF-12)*

The Dance program (10-12) develops students' skills in modern, contemporary, hip-hop, and fusion styles, progressing from foundational movements in Dance 10 to advanced choreography and performance in Dance 12. Students build flexibility, balance, core strength, and leadership skills through daily participation, leading warm-ups, and creating group, duo, or solo routines, culminating in performance-ready abilities.

INSTRUMENTAL MUSIC: BEGINNER GUITAR 10, 11 & 12 *(MMUGT10-79BEG/MIMG-11-79BEG/MIMG-12-79BEG)*

This beginner course introduces guitar through individual and group playing, allowing students to set goals, choose music, and explore creativity. Students develop musical skills, improvisation, reflection, and notation while experiencing diverse styles on guitar, bass, or ukulele.

INSTRUMENTAL MUSIC: INTERMEDIATE GUITAR 10, 11 & 12 *(MMUGT10-79ADV/MIMG-11-79ADV/MIMG-12-79ADV)*

This course supports student growth as musicians through individual and group playing, creative projects, and student-selected goals. Students develop performance, improvisation, reflection, and musical communication skills while exploring diverse styles on guitar, bass, or ukulele.

INSTRUMENTAL MUSIC: CONCERT BAND 10, 11 & 12 *(MMUCB10/MIMCB11/MIMCB12)*

Concert Band is a full-year, extracurricular course that welcomes both new and returning musicians to develop instrumental skills, musical understanding, creativity, and self-expression through ensemble performance. Students in Bands 11 and 12 build leadership, theory, and performance experience, with opportunities for concerts, solos, community events, and memorable performance trips.

CHILD DEVELOPMENT AND CAREGIVING 12 (*MCDAC12*)

Child Development and Caregiving 12 explores physical, emotional, and cognitive development from conception to puberty, including parenting styles, early learning, and real-world challenges affecting children. Students gain practical insight through hands-on experiences, preparing them for careers in healthcare, education, childcare, or informed parenting.

FOOD STUDIES 10 (*MFOOD10*)

This course covers kitchen safety, meal planning, nutrition, and cultural food practices, while teaching students to prepare a variety of dishes, including baked goods, seasonal treats, and international foods.

FOOD STUDIES 11 & 12 (*MFOOD11/MFOOD12*)

Food Studies 11 & 12 explores meal and recipe development, food security, cultural and ethical considerations, and food systems, while teaching students to prepare a variety of dishes and multi-course meals. It also introduces career pathways in food service and production.

BAKING 12: SPECIALIZED STUDIES IN FOODS (*MSPSF12*)

Baking 12 focuses on advanced baking techniques, including breads, pastries, tarts, cakes, and decorating, while exploring recipe development, baking science, and product design. Students apply creativity and technical skills in multi-day labs, experimenting with tools, ingredients, and bakery processes.

TEXTILES 10 (*MTXT-10*)

This course offers hands-on exploration in textiles and design, including sewing, weaving, embroidery, and more, blending traditional and contemporary techniques. Students develop creative skills through practical projects, producing wearable or displayable designs while experimenting with diverse tools and materials.

TEXTILES 11 & 12 (*MTXT-11/MTXT-12*)

Textiles 11 and 12 offer hands-on exploration of design and textile arts, including sewing, weaving, embroidery, and more, blending traditional and modern techniques. Students develop creative skills through practical projects, producing wearable or displayable designs while experimenting with diverse tools and materials.

FINE ARTS

MEDIA ARTS 10 *(MVAM-10)*

This course introduces students to computer art, graphic design, and basic animation, covering digital photography, media technologies, and Adobe programs like Illustrator, Photoshop, InDesign, and Animate. Students build foundational skills for digital arts and explore related college and career opportunities.

GRAPHIC ARTS 11 & 12 *(MVAGA11/MVAGA12)*

Building on Media Arts 10, Graphic Arts 11 develops skills in drawing, illustration, and animation using Adobe programs, with students completing individual projects (25% of the grade) while exploring digital arts and related college and career opportunities. Graphic Arts 12 continues Graphics Arts 11, focusing on illustration, animation, production, and publishing projects. Students complete mandatory assignments, develop a major project worth 50% of the grade, and build a portfolio for post-secondary applications.

PHOTOGRAPHY 10 *(MVAPH10)*

Photography 10 teaches students the basics of DSLR camera operation, composition, lighting, and photographic design, while exploring photography history and cultural relevance. Students also learn digital image editing with Photoshop and Lightroom, developing technical, creative, and critical analysis skills.

PHOTOGRAPHY 11 & 12 *(MVAPH11/MVAPH12)*

Photography 11 builds on Photography 10, advancing DSLR skills, composition, lighting, and photographic design while emphasizing individual creative voice. Students further develop image editing, critique, and analysis skills using Photoshop and Lightroom, exploring photography's artistic, cultural, and professional significance. Photography 12 builds on Photography 11, focusing on creative and technical control, advanced composition, and digital processing using Lightroom and Photoshop. Students are required to complete a significant body of independent work. Independent projects will be assigned.

ART STUDIO 10, 11 & 12: INDIGENOUS CULTURES

(MVA10-791C/MVA11-791C/MVA12-791C)

Indigenous Cultures Art 10 explores Indigenous perspectives, histories, and worldviews through visual arts. Students create artworks inspired by Northwest Coast and other Indigenous cultures, reflecting both traditional and contemporary styles while developing personal expression and cultural understanding.

FINE ARTS

VISUAL ARTS: ART STUDIO 10 *(MVAST10)*

Art Studio 10 is a hands-on course where students explore various mediums—drawing, painting, printmaking, ceramics—and develop artistic skills, creativity, and self-expression through meaningful, risk-taking projects.

ART STUDIO 11 & 12 *(MVAST11/MVAST12)*

This hands-on art course builds on Art Studio 11, allowing students to develop skills across painting, drawing, printmaking, sculpture, and other media. Emphasis is placed on compositional design, creative processes, and personal artistic growth through purposeful choices and studio engagement.

STUDIO ARTS 2D 11 & 12 *(MVAD-11/MVAD-12)*

This course focuses on two-dimensional art, including drawing, painting, mixed media, printmaking, and collage. Students develop design skills, image development strategies, and art knowledge while creating, reflecting, and taking creative risks in the studio.

STUDIO ARTS 3D 11 & 12 *(MVAC-11/MVAC-12)*

Studio Arts 3D 12 builds on Studio Arts 3D 11, focusing on creating and communicating artistic ideas through three-dimensional materials like ceramics, wood, wire, and mixed media. Students explore additive and subtractive sculpture, hand-building, and pottery techniques while developing creativity and taking personal artistic risks.

MULTI-DISCIPLINARY COURSES

PSYCHOLOGY 11 (YPSYC1A)

This course is designed to help students understand their own and other people's behaviour. Topics will include Learning, Memory and Thought, the Biology of Behaviour, Sensation and Perception, Motivation and Hypnosis, and the Life Span. Activities: individual/group assignments, class discussions, videos, guest speakers, field trips, experiments, a self-directed project, and a final exam.

PSYCHOLOGY 12 (YPSYC2A)

This course is designed to help students understand their own and other people's behaviour. Topics will include Personality, Psychological Testing, Stress and Health, Adjustment in Society, Abnormal Behaviour, Therapy and Change, Human Interactions, Attitudes and Social Influence and Careers, Research and Statistics. Activities: individual/group assignments, class discussions, videos, guest speakers, field trips, experiments, a self-directed project, and a final exam.

INTRODUCTION TO WILDERNESS SURVIVAL 11 & 12 (YPR--1A/YPR--2A)

This course teaches essential outdoor skills—shelter building, fire making, water sourcing, first aid, navigation, and decision-making—through classroom lessons and hands-on experiences. Optional excursions allow students to apply their skills in real-world settings while building confidence, teamwork, and problem-solving abilities.

INDIGENOUS TECHNOLOGIES 11 (YAES-1C)

This Indigenous Technologies course introduces students to traditional Indigenous tools and production techniques, guiding skill development in creating artifacts such as sculptures, baskets, drums, and canoes, while emphasizing safe tool and machine use.

YEARBOOK: JOURNALISM 11 & 12 (YCCT-1A/YCCT-2A)

This year-long course has students produce the school yearbook, developing skills in page design, publishing, copywriting, editing, photography, and Adobe InDesign and Photoshop. Students also gain real-world experience in time management, teamwork, marketing, and design through hands-on projects and assignments.

LEADERSHIP 11 & 12 (YCPA-1A/YCPA-2A)

This course teaches students to plan and run school or community events while developing skills in goal setting, time management, public speaking, teamwork, communication, and conflict resolution. The course includes volunteer projects that build experience, career readiness, and material for resumes, scholarships, and post-secondary applications. This course takes place outside of the timetable and students will be expected to meet once a week during lunchtime.

HALF-DAY PROGRAMS

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ENVIRONMENTAL STEWARDSHIP 11 & 12 *(1/2 DAY, FULL YEAR)*

The Environmental Stewardship Program is a land-based, multi-credited, half-day program where students would be taking English 11/12, Human Geography 12, Environmental Science 11/12, Outdoor Education 11/12 and Careers in a cohort. There will be 2 teachers all year for 2 back-to-back blocks (either all morning or all afternoon). The program is an innovative, inclusive experience where students will gain a deeper understanding of environmental stewardship, place-based history, knowledge and culture of our local area. We weave these courses together through a lens of historical to modern day current practices and perspectives, and learning is alongside people and organizations within the community. The program embraces student choice, personalized learning, and a growth mindset. It fosters a collaborative and reflective approach to a social learning experience.

LIVING TEACHINGS- GENERATIONS OF WISDOM 11 & 12 *(1/2 DAY, FULL YEAR)*

This is a half day program all year long. Students in this course will receive credit for Indigenous Leadership 11, Peer Tutoring 12, English First Peoples 11 or 12, and BC First Peoples 12. (16 Credits in total which include: one required Social Studies course, one required English course and one required Indigenous-Focused course)

This course will guide Grade 11 and 12 students in their development of personal identity and empowerment through self, school, family, and their greater community through a cultural lens. Students will explore diversity of traditional, historic, and present Indigenous governance, cultures, and relationship to the land. It will be structured with a focus on community-based learning through place-based projects where students learn from local Knowledge Holders. Experiences throughout the course will be documented through projects shared district wide through peer facilitation to elementary students, allowing students to develop leadership skills to support and empower youth. With a multi-generational teaching approach, this course will be created in collaboration with local Indigenous communities.

HUMANITIES AND DESIGN 11 & 12 *(1/2 DAY, FULL YEAR)*

5 courses, 1 Teacher, 1/2 Day, Full Year. In this project-based program, you will develop interior and media design skills; learn about people and cultures of past and present through art, architecture, and artefacts; and apply critical and creative thinking to develop your own ideas & opinions. If you choose, you may work with real world clients and job shadow at local businesses to build your resume and your portfolio. If you enjoy understanding different cultural perspectives, appreciate art and design, and like to have voice and choice in how you learn, this program is for you!

3 COURSES OF REQUIRED CREDITS

- English First Peoples 11 or 12, Social Studies: Comparative Cultures 12 or Urban Studies 12 & Career Life Connections: including the Grad Capstone project

2 COURSES FOR ELECTIVE CREDITS

- Interior Design 12 & Media Arts 11 or 12

Art skills are not required, but an interest in art and design is. Just be curious! This is not a technology-demanding course, unless learners choose to make it so. Complimentary digital art courses can be taken in addition to this program.

PHOTOJOURNALISM 11 *(1/2 DAY, ONE SEMESTER)*

In Photojournalism 11, students bridge the gap between technical photography and impactful storytelling by focusing on current happenings in both local communities and the wider world. This course combines the technical rigour of Photography with the foundational perspectives of English First Peoples (EFP) 11. Students will explore the camera not just as a tool for news, but as a medium for self-representation, reconciliation, and fostering justice through visual text. Students will develop an understanding of the various Photographic Genres through the lens of First Peoples Learning including (but not limited to) learning the skills to conduct effective interviews, various modes of research, learning about global, and local events and news, and learning how to present various points of view. Students will explore how photography reflects the interconnectedness of individuals and society, gaining a deep understanding of historical contexts and 2026 digital citizenship standards. The result will be a monthly school newspaper, curated and created by the students, which will highlight the local happenings at QSS as well as in our surrounding communities.

QUW'UTSUN SECONDARY RUGBY ACADEMY *(1/2 DAY, FULL YEAR)*

The Quw'utsun Secondary Rugby Academy is designed for students in grades 10-12 of all ability levels. Students will complete their academic requirements one half of the day and take part in Rugby Academy credit courses one half of the day. Students will earn 16 credits in each year of participation in the areas of Physical Education, Rugby, Principles of Sport and Athletic Leadership. Academy programming will provide students with a solid understanding of the sport, physical training and nutrition, athletic related care and injury prevention, evolution of the sport, time management, effective communication and conflict resolution, post-secondary planning and on and off field social responsibility. This Canadian-based Rugby Academy is focused on helping athletes achieve excellence on and off the field! Coaching staff and teachers hope to help students develop their potential to a level that would otherwise be untapped.

Application Process:

When students complete course selection for the 2025-26 school year, they should select the Rugby Academy and four other academic courses. Students will first need to apply directly to the MacDowell Rugby Academy at <https://www.macdowellrugby.ca/>. The following will serve as selection criteria for the program: Students must be in grade 10-12. Students must have the ability to balance a full-time educational program with a high-performance training program. Students must have demonstrated responsible behaviour and a positive attitude. Students must demonstrate determination, commitment, and a desire to play at their highest level.

Program Fees: \$550 per month (\$5500 per year) (Pending Board approval - scholarships available)

Non-Refundable Deposit: \$100 (payable upon program acceptance)



ENVIRONMENTAL STEWARDSHIP PROGRAM

THE ENVIRONMENTAL STEWARDSHIP PROGRAM IS A LAND-BASED PROGRAM AT QUW'UTSUN SECONDARY SCHOOL, LOCATED IN THE COWICHAN VALLEY SCHOOL DISTRICT.

The program is available to grade 11 and 12 students, in which they take English First Peoples 11 or 12, Environmental Science 11 or 12, Geography 12, Outdoor Education 11 or 12, and Career Life Connections. These five courses are taken in a cohort with other students and instructed under the same two co-teachers: John Lofto (jlofto@sd79.bc.ca) and Joanna VeraFlores (jveraflorres@sd79.bc.ca). Students will meet for half of each day, all year. These courses are woven together through a lens of historical to modern-day practices and perspectives, connecting and learning about the culture and knowledge of our local area. The program involves interacting with local places and people in the community while also contributing to the Environmental Stewardship of the Cowichan Valley. Students have multiple opportunities to choose their studies and demonstrations of learning. In this way, the program embraces inquiry and encourages a growth mindset. The main themes we explore each year are: The Interrelationship of Salmon and People and Gardening the Land and the Sea.

LIVING TEACHINGS- GENERATIONS OF WISDOM

**This is a half day program all
year long.**

Students in this course will
receive credit for Leadership 11,
Peer Tutoring 12, English First
Peoples 11 or 12, and BC First
Peoples 12

- same teacher all year long
- half days
- elders and community
- field studies
- mentorship



HUMANITIES+DESIGN 11/12

5 COURSES, 1 TEACHER, 1/2 DAY, FULL YEAR



3 COURSES OF REQUIRED CREDITS

- English First Peoples 11 or 12
- Social Studies 12: Comparative Cultures or Urban Studies
- Career Life Connections - including capstone project!

2 COURSES FOR ELECTIVE CREDITS

- Interior Design (Housing & Living Environments, ADST) 12
- Media Arts 11 or 12

HUMANI.D THINK - ARGUE - ANALYSE - CREATE

Critically study people & cultures of past & present through art, architecture, and artefacts.

Use knowledge & interests to develop thinking.

Design spaces & visuals for yourself & for clients.

HUMANI.D PROJECTS - DIALOGUE - REAL WORLD EXPERIENCE

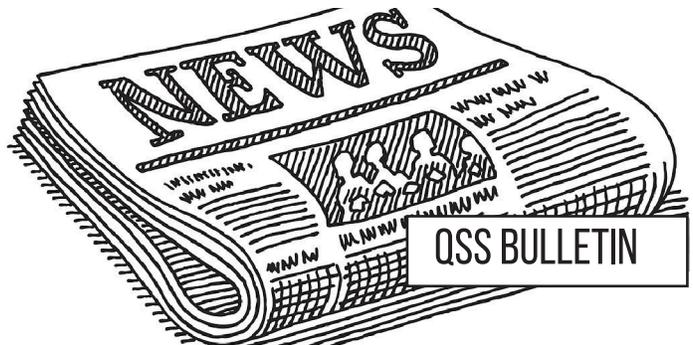
See Ms. Fitznar for more info cfitznar@sd79.bc.ca



PHOTOJOURNALISM 11

2 COURSES, 2 TEACHERS, 1/2 DAY, 1 SEMESTER

In Photojournalism 11, students bridge the gap between technical photography and impactful storytelling by focusing on current happenings in both local communities and the wider world. This course combines the technical rigour of **Photography** with the foundational perspectives of **English First Peoples (EFP) 11**. Come and join **Burr & Donnelly** in creating a **monthly newsletter**, curated and created by the students, highlighting the local happenings at QSS as well as in our community.



You will receive **English First Peoples 11**

+

Photography 11 OR **Graphics 11**
Credits

INCLUSIVE EDUCATION

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(Students must have a IEP in order to access these courses)

LIFE SKILLS

Specially crafted for teens seeking a vibrant and inclusive learning experience! Throughout the academic year, students will take six blocks, three each semester, exploring interests with peers in academic and elective classes and exploring two blocks dedicated to the exciting Life Skills class.

Tailored to the unique needs of each student, our program offers full-time support and supervision, ensuring a supportive environment for growth. Get ready for an adventure that focuses on three key areas: communication, home skills, and community participation.

Communication takes center stage as teens explore various methods, from speech to picture exchange, gestures, sign language and even the use of assistive devices.

Home skills become an adventure in themselves, as teens master the art of planning and preparing delicious meals, conquering cleaning tasks with flair, and discovering the joy of leisure activities that make every day extraordinary.

Community participation transforms learning into real-world experiences, as teens learn to navigate the community safely, master the art of money exchange, and unlock a world of leisure activities just waiting to be explored.

Join us for a Life Skills program that's not just about learning—it's about discovering, growing, and having a blast while acquiring essential skills for life. Get ready to thrive in a supportive, fun-filled environment that sets the stage for your exciting future!

Program eligibility is determined based on consultation with Case Manager and family.

LITERACY FOUNDATIONS 10

The Literacy Foundations course is designed to provide a solid groundwork for individuals seeking to enhance their reading and writing abilities. This comprehensive program focuses on developing essential literacy skills that form the basis for effective communication and academic success. Eligibility for this course will be determined based on consultation with the Case Manager and family. This course will be used as a bridge to English 10.

NUMERACY FOUNDATIONS 10

Numeracy Foundations is a comprehensive course designed to empower learners with essential mathematical skills for everyday life. This course is tailored for individuals seeking to strengthen their foundational numeracy skills before entering Workplace Math 10. This course will cover a range of fundamental mathematical principles, focusing on real-world applications and practical problem-solving. The curriculum is structured to ensure a solid grasp of key numeracy concepts, enabling you to confidently navigate numerical challenges in various aspects of your life. Eligibility for this course will be determined based on consultation with the Case Manager and family.

INCLUSIVE EDUCATION

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(Students must have a IEP in order to access these courses)

EMPLOYMENT SKILLS 11 & 12

Embark on a journey towards fulfilling and meaningful employment with Employment Skills 11 & 12. Recognizing the unique challenges and strengths of each participant, the Inclusive Employment Skills Program provides a supportive environment to build essential skills, boost confidence, and foster independence in navigating the working world. Understanding your strengths, communications and social skills, adaptive technology and digital literacy, tailored resume building and cover letters, interview preparation and mock interviews, job search strategies and support, workplace accommodations and rights, and real-world volunteer opportunities are a few of the topics covered in this course. Eligibility for this course will be determined based on consultation with the Case Manager and family.

ALTERNATIVE OPTIONS FOR LEARNING

Check with your Counsellor if you think any of these options are for you

SELF PACED LEARNING

Self-Paced courses are designed to support students who experience challenges with regular attendance or need a more flexible learning option. These courses allow students to work independently and progress at a pace that suits their individual circumstances, while still receiving guidance, structure, and support from a teacher.

Students in Grades 10-12 may consult with their counsellor about enrolling in self-paced versions of select core graduation requirements. Students who select one or more self-paced courses will be assigned a block of time to focus on their learning. This flexible model allows students to submit evidence of learning at any point before the course ends, helping them stay engaged and on track toward graduation even when consistent daily attendance is difficult.

Qw'utsun Secondary offers self-paced versions of the following core graduation requirements.

English 10, 11 and 12

Social Studies 10 and 11

Workplace Math 10 and 11

Physical and Health Education (PE) 10

Science 10

Careers 10

**Spaces are limited and students must be referred by their counsellors.*

INDEPENDENT DIRECTED STUDIES

Do you have a passion for an area of study? Do you have an outside interest that you would like to learn more about? You may be able to earn credits for an IDS course.

EXTERNAL LEARNING

Our District recognizes that learning also takes place outside the school and that this learning may be recognized towards meeting the required credits needed for graduation. Students interested in External Learning credits should speak to their counsellors or review the following Ministry of Education website: [External Credentials](#)

PEER TUTORING

Students may be interested in being a Peer Tutor in a course area where they have special interest or expertise. This needs to be arranged through an application process with the student, counsellor, and the teacher of the course involved.

CAREER PROGRAMS

Please visit the Careers Center in the Counselling office for more information or check out the **Careers** page on the QSS website.

CAREER LIFE CONNECTIONS 12A (MCLCA12)

Career Life Connections 12A is a two-credit graduation requirement designed to support students in developing the personal, social, and career skills needed for life beyond high school. Completed in Grade 11, outside of the timetable, this course helps students explore their strengths, well-being, and future pathways while building real-world experience and connections. Throughout this course, students will explore mental health and wellness, complete 30 hours of volunteer or work experience, attend guest speaker presentations or post-secondary information sessions to fill out Thrive Tickets, and reflect on the mentors in their lives who support their personal growth and future goals.

CAREER LIFE CONNECTIONS 12B-CAPSTONE (MCLCB12)

Career Life Connections 12B (Capstone) is a two-credit graduation requirement completed in Grade 12. The Capstone Project provides students with an opportunity to reflect on and demonstrate their knowledge, passions, strengths, experiences, and learning as they connect these to their future goals and aspirations. Students showcase and celebrate their learning journey, both in and out of school, by presenting their project to a relevant audience. The Capstone includes three components: Autobiographical Template, Mentor Interview and Reflection & Capstone Project/Presentation- The Legacy Project: Beyond the Bell

WORK EXPERIENCE (WEX)

Work Experience allows students to explore careers through paid or unpaid work experience and volunteer placements. Students earn 4 credits for every 90 hours of approved work or volunteer service, up to a maximum of 8 credits. The course emphasizes career exploration, skill development, and workplace readiness, with students completing written reflections on their experiences and learning. Credits are identified on the student's transcript and report card.

CAREER PROGRAMS

Please visit the Careers Center in the Counselling office for more information or check out the **Careers** page on the QSS website.

YOUTH WORK IN TRADES

Youth Work in Trades allows students to start an apprenticeship while still in high school. Students find their placement in which they must be employed in a paid, apprentice trade. Work can typically be completed evenings, weekends, or during school breaks. This program lets students earn up to 16 credits towards graduation in grade 11 and 12. Youth Work in Trades students are eligible for a \$1000 scholarship.

DUAL CREDIT

Dual Credit allows motivated Grade 11 and 12 students to take post-secondary courses or trade certificate programs while still in high school. Students earn elective credits that count toward both high school graduation and post-secondary credentials, giving them a head start on their future education or career. Tuition for these courses is covered by the school district.

STUDENT SERVICES

SCHOOL COUNSELLORS

The school counsellors provide a wide range of services including:

- Scholastic/educational support
- Personal support/family support
- Parent/guardian consultations
- Inter-agency liaison & referral
- Post-Secondary information/scholarship & bursary information

To schedule an appointment to see a School Counsellor please stop by the Counselling Office or contact the Counselling Secretary at 250- 746-4435 (option 2) or qsscounsellingsecretary@sd79.bc.ca. Counsellors are also available on a walk-in basis when possible. Although each counsellor is assigned students alphabetically, students may seek assistance from either counsellor.

INDIGENOUS STUDENT SUPPORT

All staff work to help all students here at Quw'utsun Secondary. In addition, we are fortunate to have a number of staff dedicated to the support of our indigenous students. This includes an Indigenous Education Teacher, Indigenous Student Support Workers and a Culture and Language Teacher Assistant. These staff are available for individual student needs. They are here to enhance the history, language, and culture of all of our indigenous students. These staff are also available for lunch and other activities.

CONTACT US

Parents and Guardians may make arrangements to meet with or contact a teacher or administrator in a variety of ways.

The staff directory is on the school website under **CONTACT US**
<https://qss.sd79.bc.ca/contact/>

ADMINISTRATOR AND COUNSELLOR CONTACTS

In order to ensure effective service to students and parents/guardians please note that our administrators and counsellors divide students in to groups according to the first letter of their last name. See the letters next to the contact's name to determine who you should contact if you have a question or concern.

VICE PRINCIPAL	Kelly Girvan (A-G)	kgirvan@sd79.bc.ca
VICE PRINCIPAL	Lindy Thompson (H-M)	lthompson@sd79.bc.ca
PRINCIPAL	Scott Jackson (N-Z)	sjackson@sd79.bc.ca
COUNSELLOR	Leigh Blacklock (A-K)	lblacklock@sd79.bc.ca
COUNSELLOR	Jas Doman (L-Z)	jdoman@sd79.bc.ca

MAIN OFFICE

OFFICE HOURS:	8:00am - 3:30pm
PHONE:	250-746-4435
MAILING ADDRESS:	2003 University Way, Duncan, BC V9L 0G9
EMAIL:	qssfrontdesksecretary@sd79.bc.ca
WEBSITE:	qss.sd79.bc.ca
SOCIAL:	Instagram: @quwutsun / Facebook: Quw'utsun Secondary School