

January 2026

CAREER CENTRE

Monthly Newsletter

Welcome
BACK

Careers Deadlines

Gr 11 CLC & Gr 12 Capstone



Grade 11 CLC

The First Unit - Mental Health and Wellness is now **OVERDUE**



Grade 12 Capstone

The First Unit - Autobiographical Template is now **OVERDUE**

Unit 2 deadline **coming soon-February 2nd**

If you need to pick up another booklet please come to the Careers/Counselling office to pick them up.

THRIVE TICKETS

Grade 11 students should be working on completing their Thrive Tickets

THRIVE TICKETS

Upcoming Thrive Sessions
More sessions will be coming soon

NATIONAL SCHOLARSHIPS INFORMATION

There are many scholarships available to high school students that go unclaimed every year....please ensure you have taken advantage of any of the scholarship opportunities out there.

Have a look at these websites

- scholartree.ca
- scholarshipscanada.com
- educanada.ca
- scholarshippartners.ca
- studentawards.com
- td.com
- youthofcanada.ca
- studentscholarships.com
- bridgesEDU-Free Scholarship Finder

You can also do a Google Search for Canadian Scholarships to find others.

Many universities offer entry scholarships for high school students--check their websites.

Government of Canada has some scholarships too.

<https://www.canada.ca/en/services/finance/educationfunding/scholarships.html>

CHECK
THESE OUT



Meet VIU

Wednesday January 28
7:00 - 9:00PM

Nanaimo Campus - 900 Fifth Street

Meet VIU

a special event for incoming students and their families to discover what VIU-Vancouver Island University has to



offer. During the session, students, you will learn about academic programs, student life, and the supports available to help you/them thrive. We'll also walk you through the application process and provide time for questions.

This event is a drop-in style event-join at any time during the session.



CULINARY ARTS INFO SESSIONS

Interested in becoming a Chef or Professional Cook?



2026 Info Session Dates

- January 6th 4:00-5:30pm
- February 3rd 4:00 – 5:30 pm
- March 3rd 4:00 – 5:30 pm
- April 7thth, 4:00 – 5:30 pm
- May 5th 4:00 – 5:30 pm
- June 2nd 4:00 – 5:30 pm



Join us for one of our exciting information sessions to learn more about the Culinary Arts Programs at Vancouver Island University in Cowichan & Nanaimo, BC!

Discover how our hands-on approach, industry connections, and diverse learning opportunities prepare you for a successful career in this dynamic field. Explore program details, meet faculty, and get your questions answered. Don't miss the chance to start your journey in one of the world's largest and most exciting industries.

Join one of our information sessions on the dates listed

**Visit VIU.ca//viu-culinary-arts-info-session
for more information or to Register**

Calling All Foodies!

UVIC

THINKING OF ATTENDING UVIC?



Info for Prospective Students and Families

Zoom Info sessions January 14th and 26th, 2026

Parent Nights are for parents of high school students, but students are welcome to join too! In these online events, we'll answer your questions about admission requirements, scholarships, upcoming application deadlines, and offer advice on helping your student successfully transition to life in university. Parent Nights webinars are hosted on Zoom. Visit <https://tours.uvic.ca/details/403483/parent-night>

In-person UVic Campus Tours are available Sign up for a campus tour to visit UVic and see some of our favourite spots, including faculty buildings, athletics facilities and dining locations. Tours are led by UVic students who love to share their personal experiences. Visit

<https://tours.uvic.ca/details/394568/uvic-campus-tour>

SEPTEMBER 2026 START DATE
APPLICATION DEADLINE
JANUARY 31, 2026

NEW

Academic Dual Credit



**USTART
EARLY ADMISSION
2026-2027**

**START YOUR POST SEC.
EDUCATION IN GRADE 11-12**

FREE TUITION & DUAL CREDIT

Criteria:

- Minimum 85% High School average
- Minimum 90% in subject area

How to Apply:

- Complete Application at High School
- Complete Transition Plan
- Include Cover Letter
- Principal Recommendation



**Visit the Careers office
for more information**

WEX WORK & EXPERIENCE

Do you have a job?

Would you like to use the hours worked toward a grade 12 course credit?

Come and see the Careers department for more information

Goals of WEX

The primary goal of the WEX program is to help students personalize their learning and prepare them for life after secondary school completion. Through WEX, students have the opportunity to observe and practise generic employability skills, as well as skills specific to occupations, industries, or careers. Other goals of WEX include helping students to:

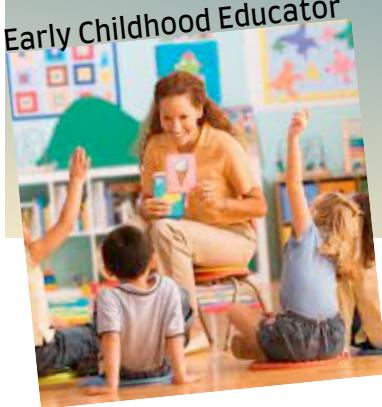


**SKILLED TRADES BC
YOUTH**

Youth Work In Trades (Formerly Secondary School Apprenticeship) is a high school credit program that provides students 14 years of age and over with the opportunity to begin an apprenticeship while still in high school. Students must be employed (paid) in an apprenticeable trade. Please see <https://skilledtradesbc.ca/find-your-trade> for the list of trades that are recognized in B.C. Most students' work does not interfere with their school day. Youth Work in Trades can be completed on weekends, evenings, summer holidays, or on a special release from school if the timetable will permit. This is a wonderful opportunity to get a head start on a trade while completing secondary school graduation while also qualifying for a \$1000 Apprenticeship Grant.

Dual Credit Opportunities

Early Childhood Educator



Health Care Assistant



Culinary



Medical Office Assistant



FREE TUITION

Cowichan Valley School District offers many dual credit opportunities for motivated secondary school students to complete trades, career, and university level courses while attending high school and **tuition is free**.

In partnership with VIU and Camosun, students can participate in various trades or training programs as well as academic courses that are all transferable to other BC post-secondary institutions. Students will receive credits towards their high school graduation requirements as well a Level 1 or Certificate Program credit upon completion.

Trade and Certificate Programs

Trades programs such as Auto Service Technician, Carpentry, Hairdressing, Plumbing, (HVAC)Refrigeration & Air Conditioning Mechanic and Welding. All programs are offered through Vancouver Island University or Camosun. Certificate programs such as Office Administration, Hairdressing, Education Assistant, Early Childhood Educator, Health Care Assistant, Electrical, Dental Assistant and Culinary are some of the programs offered.

Dual Credit Academics are available for grade 12 students and all Academic courses must fit into these rules:

- The academic courses must be a part of a certificate, diploma or bachelor's degree for the chosen occupation.
- The occupation must be attainable with the certificate, diploma or bachelor's degree.
- The prerequisites for certificates, diplomas and bachelor's degrees are also eligible for district sponsorship.

Office Administration



Academic Courses

- Creative Writing 120
- Criminology 131
- Education 101
- English 115 & 125
- HHPN 100 (Nursing Anatomy & Physiology)
- History 101 & 141
- Psychology 111 & 112
- Sociology 111
- SWAG 100 (Women & Gender Studies)

*other courses may also be available

Come and get more information
from the Careers Centre